

Does the thought of **downsizing & moving** overwhelm you?

Join us for
a **FREE**
educational
seminar!



Wednesday, April 3rd • 4:00 - 5:00 p.m.

at Chandler Place

3701 CHANDLER DRIVE, ST. ANTHONY, MN 55421



Gentle Transitions has been moving thousands of Twin Cities seniors for the past 28 years. Senior Move Specialist and Professional Sorter with Gentle Transitions, Jill Freeman will be presenting educational tips to help those considering an upcoming move or who would just like to declutter for the future. From downsizing, sorting, getting rid of the excess, to packing, unpacking and resettling, you will gain valuable knowledge and a multitude of resources to help you get through the process “gently.”

Please RSVP to Mary Gaspers at 612-913-5390 by March 29TH!

or email mary.gaspers@chandlerplacesenior.com



**CHANDLER
PLACE**

Senior Living

612-788-7321 | chandlerplacesenior.com



ST. ANTHONY

Health & Rehabilitation

612-788-9673 | stanthonyhealthandrehab.com



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