

NORC . NURTURING OUR RETIRED CITIZENS

Diane Bjorkman Gentle Transitions 7001 Cahill Road Edina, MN 55439

August 29, 2006

Dear Diane,

Thank you very much for a wonderful presentation you made at the Hopkins Activity Center on August 23, 2006. I am sending you your Certificate of Appreciation to thank you for your contribution to the NORC Health and Wellness Lecture Series. Your presentation was very important for our mission which is to enable older adults to stay in their homes and community for as long as they can with the support they need to remain safe, healthy and engaged citizens.

Seventeen people attended your lecture. I am sending you copies of several evaluation sheets, which I collected after the lecture. I believe that you will be pleased with the remarks.

The NORC Health and Wellness lectures are videotaped and then broadcast on local cable TV. I need you to sign the enclosed photo/video releases and return it in the enclosed stamped envelope. We need this talent release to broadcast this lecture on Cable TV.

Thank you.

Sincerely,

Tatiana Nesvijski

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NORC Administrative Assistant

Phone: 952-417-2143

Encl.